

Center for Learning Connections

Workshop

Center for Learning Connections presents....

Coaching for Prosperity®: A One-Day Workshop

Jointly presented with Burst for Prosperity, an initiative of Children's Home Society of Washington, seeking to reduce poverty in Washington State by researching and testing innovative models informed by the community that transform systems to help people achieve financial independence. "Coaching for Prosperity" has been developed by Burst for Prosperity. www.burstforprosperity.org

Wednesday, May 19, 2010 | 8:30 am - 4:30 pm

Swedish Cultural Center | 1920 Dexter Ave. North | Seattle, WA 98109

Who should attend this workshop? Counselors, case managers, educators, corrections staff, and anyone else in the business of helping people commit to changing their lives.

Coaching for Prosperity provides an **introduction** to coaching life and career issues for those working with individuals living in low-income situations.

The course objective is to **introduce** the basic skills and tools of professional personal coaching; to enable students to apply coaching for effectively facilitating individuals in making life and career changes that empower them to achieve economic independence.

As a participant you will be introduced to these skills:

- Learn the basic elements of coaching, how it differs from and enhances other methods of working with clients. These elements include:
 - o Building rapport and trust
 - o Effective listening techniques
 - o Methods for empowering individuals
- Facilitating effective goal setting; identifying and addressing barrier issues
- Develop a set of tools that enhances your ability to empower clients
- Learn strategies to integrate coaching into your existing work structure
- Become grounded in the coaching paradigm: empowerment versus entitlement; asset and strength-building versus deficit-focused; client-centered versus system-centered; asking versus telling.

TRAINER - FRAN FISHER, Master Certified Coach

CONTACT

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WORKSHOP FEE

Fee of \$95 Lunch on your own.

REGISTER ONLINE TODAY!! (space is limited)

To register online, go to:

www.learningconnections.org/clc/workshops/2010/may19/

FREE CLOCK HOURS / CEUS

Free Clock Hours are available after the workshop.

Participants can register for Highline Community College **Continuing Education Units (CEUs)** Before starting a course. The cost is \$10 per course. Participant should call Extended Learning at (206) 870-3785 to apply.