



*Center for Learning Connections presents....*

## **Increasing Self-Efficacy in Students, Job Seekers and Others**

**Tuesday, August 1, 2006 | Highline Community College | Building 2**

***Self-Efficacy:*** *One's belief about her/his capability to perform a specific task or manage a situation. It is a major predictor of success in both school and work. Simply stated, successful people are not necessarily the smartest, best educated, most clever or most skilled. **They succeed because they believe they will succeed.***

Imagine what we could accomplish in our schools, workforce development agencies and other organizations if every individual could believe and say, "I will succeed." Attend this interactive workshop and learn how to create success beliefs in the students, job seekers and others with whom you work.

### **PARTICIPANTS WILL LEARN**

- **The four major influences on self-efficacy.**
- **Strengths based approaches to working with others**
- **How language and communication styles affect self-efficacy**

### **COMMENTS FROM PREVIOUS WORKSHOP PARTICIPANTS**

*Awesome-positive-life changing, powerful*

*Extremely useful*

*Amazing!*

*Highly recommended*

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**TRAINER** - Cal Crow, Ph. D.

#### **CONTACT**

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#### **WORKSHOP FEE**

Fee of \$140 includes snacks and all materials.  
(Lunch on your own.)

**REGISTER ONLINE TODAY!!** *(space is limited)*

To register online, go to:

**[www.learningconnections.org/clc/workshops/2006/august\\_1](http://www.learningconnections.org/clc/workshops/2006/august_1)**

#### **FREE CLOCK HOURS / CEUS**

**Free Clock Hours are available after the workshop.**

Participants can register for Highline Community College **Continuing Education Units (CEUs)** Before starting a course. The cost is \$10 per course. Participant should call Extended Learning at (206) 870-3785 to apply.