



# future by design

Workforce Workshops, February 7, 2006

Doubletree Guest Suites Seattle, Southcenter

## Workshops Agenda

**8:00 – 8:30 REGISTRATION AND CONTINENTAL BREAKFAST**

**8:30 – 11:30 MORNING WORKSHOP**

**E1. Helping Individuals Increase Self-Efficacy, Raise Outcome Expectancy and Expand Their Identities *Summit I***

Cal Crow, Program Director, Center for Learning Connections

Three important predictors of success in education and employment are self-efficacy (our belief in our ability to perform), outcome expectancy (our belief that our efforts will result in a successful outcome), and identity (how we think about and describe ourselves).

Participants in this interactive workshop will acquire ideas to help individuals expand their beliefs and self-descriptions, and create options they had not considered before. Participants will also learn how to frame questions that help people identify, examine and alter behaviors that are preventing them from achieving success in school and/or work. Handouts will be provided.

**E2. Dependable Strengths (Part I) *Monterey II***

Allen Boivin-Brown, President, Center for Dependable Strengths

Susan Terry, Director, Center for Career Services, University of Washington

There is a unique form of excellence - a pattern of core strengths - deep within each individual. Identify yours by experiencing the foundational portion of the Dependable Strengths Articulation Process (DSAP) as originated by Dr. Bernard Haldane and researched at the University of Washington. The DSAP, a peer-assisted, interactive group process, has been shown to increase self-esteem, motivation and internal locus of control. Use of your Dependable Strengths produces greater life satisfaction and your best contribution to the world. The DSAP is applicable to all age groups, populations and settings.

**Note: This is a sequential process so only those attending Part I may attend Part II at 12:30.**

**E3. Change Your Thinking – Change Your Life *Monterey III***

Morgan Zantua, Special Projects Coordinator, Center for Learning Connections

Come prepared to work on you! The work session combines a series of reflective practices to show you how you can work with yourself and with your customers to reconstruct their career and life vision. These are nitty-gritty skills you will implement during the work session. Be prepared to model the changes you want to see in your customers.

- E4. What's the Color of Your Desk?©** **Summit II**  
**Ellen Langan**, Langan and Associates
- How long has it been since you've seen the top of your desk? Has the paper in your life insisted that it's in control? Now is the time to retake your desk and win the paper battle. This interactive workshop is filled with practical tips you'll immediately be able to apply to your work life. Learn how to be efficient; organize your paperwork; and create systems that you can keep under control!
- E5. Free Career and Educational Planning Resources for All Citizens in Washington State** **Monterey I**  
**Terri Colbert**, Vocational Program Specialist, Washington State Workforce Training and Education Coordinating Board  
**Jane Field**, Labor Market Analyst, Washington State Employment Security Department
- In this session participants will discover free career and educational resources developed and distributed by three State agencies in Washington. Participants will also learn effective ways to use the resources. Activities that were developed to aid in the use of those resources will be presented and shared.
- E6. Effective Transition Strategies of Individuals Who Have Learning Disabilities** **Paradise**  
**Nancie Payne**, President, Payne & Associates
- Estimates project that of those who have Learning Disabilities, who begin a post secondary vocational experience, 94 percent drop out within the first year of enrollment. Using the Transition Essentials Assessment Model (TEAM) participants will understand the elements necessary to develop a *personal factors profile* that forms the base of critical building blocks to effective transition routes. Six personal factors engage the transitional individual in an accurate self-portrayal, self-understanding, and acceptance promoting self-advocacy and self-determination. If your role is to assist individuals who have Learning Disabilities, no matter what age, with transition to postsecondary, vocational, training or work environments this session will provide you the assistance needed. Tools and hands-on demonstrations supplied.
- 11:30 – 12:30 SHARED LUNCH**
- 12:30 – 3:30 AFTERNOON WORKSHOP**
- F1. Helping Individuals Increase Self-Efficacy, Raise Outcome Expectancy and Expand Their Identities (Repeat)** **Summit I**  
**Cal Crow**, Program Director, Center for Learning Connections
- Three important predictors of success in education and employment are self-efficacy (our belief in our ability to perform), outcome expectancy (our belief that our efforts will result in a successful outcome), and identity (how we think about and describe ourselves).
- Participants in this interactive workshop will acquire ideas to help individuals expand their beliefs and self-descriptions, and create options they had not considered before. Participants will also learn how to frame questions that help people identify, examine and alter behaviors that are preventing them from achieving success in school and/or work. Handouts will be provided.

**F2. Dependable Strengths (Part II)****Monterey II**

**Allen Boivin-Brown**, President, Center for Dependable Strengths

**Susan Terry**, Director, Center for Career Services, University of Washington

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**F3. Coach the Coaches****Monterey III**

**Peter Van Buskirk**, Vice President of the High School Market Group, Thomson Peterson's

This 3-hour professional development workshop is for counselors and teachers who are frequently called upon to advise, mentor or coach students in the college admissions process.

**Participants are given tips that enable them to:**

- Write letters of recommendation that make a difference
- Advise students within the context of current political/practical pressures influencing admissions decisions
- Guide students toward appropriate course selections for selective colleges
- Help students tell their "stories" effectively

**Key Benefits to Advisors/Teachers:**

- Become oriented to current realities of the selective admission process
- Develop strategies for writing credible reviews while setting advisees apart from their peers
- Learn how to advise/support students with special needs

**F4. What's the Color of Your Desk?©****Summit II**

**Ellen Langan**, Langan and Associates

How long has it been since you've seen the top of your desk? Has the paper in your life insisted that it's in control? Now is the time to retake your desk and win the paper battle. This interactive workshop is filled with practical tips you'll immediately be able to apply to your work life. Learn how to be efficient; organize your paperwork; and create systems that you can keep under control!

**F5. Free Career and Educational Planning Resources for All Citizens in Washington State****Monterey I**

**Terri Colbert**, Vocational Program Specialist, Washington State Workforce Training and Education Coordinating Board

**Jane Field**, Labor Market Analyst, Washington State Employment Security Department

In this session participants will discover free career and educational resources developed and distributed by three State agencies in Washington. Participants will also learn effective ways to use the resources. Activities that were developed to aid in the use of those resources will be presented and shared.

**F6. Factors Leading to Employment Success for Individuals Who Have Learning Disabilities**

**Paradise**

**Nancie Payne**, President, Payne & Associates

Individuals who have Learning Disabilities are among the largest unemployed population. Using the Transitions Essentials Assessment Model (TEAM) participants will engage in the elements required to develop a *job factors profile* leading to “good job to person fit. Six job factors form a framework for effective job and training exploration. If your work involves assisting individuals who have Learning Disabilities in job and career exploration, job search and employment placement this is the place. Tools and hands-on demonstrations supplied.

***Free Clock Hours available***