

Brought back by popular demand !!

The King County Non-Profit Staff Development Coalition Project (NPSDC)

- www.learningconnections.org/coalition - presents:

SECONDARY TRAUMA and how to reconcile its impact (REPEAT)

Tuesday | January 22, 2008 | 9:00am – 4:00pm

Location: Safeco South Jackson Street Center | 306 23rd Avenue S., | Seattle WA 98144

*“...because suffering is not enough.”
Thich Nhat Hanh*

As human beings, we are affected by our surroundings. When exposed to hardship, crises, stressful circumstances, and/or trauma we attempt to make sense of what we see, hear and experience the best we can.

In this workshop we explore how we are impacted by our society, work and/or careers. Through a larger backdrop of systematic oppression and liberation theory we come to understand the shifts that occur in us personally and professionally and why we adapt the way we do.

The workshop discussion focuses on how to reconcile what we experience in our work and the world around us in a way that is both compassionate and honest as well as accountable and sustainable. Whether one may be experiencing fatigue, cynicism, guilt, a sense of not doing enough or any other number of consequences of demanding work, we come to understand how we can make choices that will allow us to interact with our work and our lives in such a way as to remain true to ourselves and those we serve. While respecting the seriousness of the issues at hand, this path incorporates much humor and a profound sense of hopefulness by drawing on a broad base of clinical approaches, social justice theory and spiritual traditions.

Participants will gain:

- An understanding of the context within which secondary trauma takes place and why our organizations and our society have been slow to identify secondary trauma and support workers.
- An understanding of what to look for and how to know if oneself or one's colleagues are struggling with secondary trauma.
- An understanding of what to do about it. How to help oneself, one's organization, one's movement, and society at large while balancing being healthy and well AND doing work you care about.

(This workshop has been designed for frontline staff, case managers, program coordinators / managers, supervisory staff)

TRAINER: Laura VanDernoot Lipsky, MSW

WORKSHOP FEE

Coalition Member Organization:

\$75 per participant [for 1-2 staff from member organization]
\$65 per participant [for 3-5 staff from member organization]
\$55 per participant [6 or more staff from member organization]

Non-Member Organization:

\$100 per participant

Lunch will be on your own.

Continuing Education Units/Clock Hours

Participants can register for Highline Community College **Continuing Education Units (CEUs)**. The cost is \$10.00 per course. CEU forms are available at the workshop.

Free Clock Hours available at the workshop.

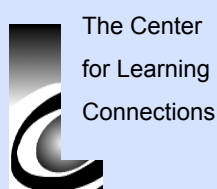
REGISTER ONLINE TODAY !! *(space is limited)*

To register online, go to: <http://www.learningconnections.org/coalition/workshops/2008/Jan22>

Contact

For more information about this workshop, contact **Anna McCain** (206) 870-5908 or E-mail: amccain@highline.edu

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